

REGISTRATION FORM

SWIM COURSES:

COLLEGE OF VERNEY - PUIDOUX

BEGINNERS:

Do not dare to submerge the face. Starting 4 years.
Test : CRAYFISH-SEAHORSE

IMPROVERS:

Manages ventral as well as dorsal buoyancy, but no technique of swimming.
Test : FROG-PENGUIN

ADVANCED I:

Learning of backstroke and crawl techniques
Test : OCTOPUS- CROCODILE - BEAR

ADVANCED II:

Rehearsal of backstroke and crawl techniques
Learning of breaststroke and butterfly
Test : WAHLE - PIKE - SHARK

EXPERT:

Test REQUIN-DAUPHIN

Swim courses (Monday and Thursday) :

17:30-18:10 / 18:10-18:50
18:50-19:30

Session : 40 min. consisting in: 10 min. introduction / 20 min. theme / 10 min. games
Nber of lessons : 10 (1 per week)

Sfr 180.-/child, inscription tax included

All our swimming Instructors are qualified, trained and experienced teachers.

To send by mail or fax: 021 946 44 54

I register my child:

LAST NAME:.....FIRST NAME:.....

ADRESS:.....ZIP CODE:.....CITY:.....

TEL:.....LEVEL:.....AGE:.....

DAY:.....TIME:.....

SIGNATURE:.....